

Phase III, international, multicentre, double-blind, dose increment, parallel-arm, randomised controlled trial of duloxetine versus pregabalin over 14 days for opioid-unresponsive Neuropathic cancer pain

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INTRODUCTION

Cancer pain (NCP) is experienced by approximately 33% of people with cancer pain¹. Neuropathic pain is less responsive to opioid drugs. The gabapentinoids (gabapentin and pregabalin) for this population has already been evaluated in RCTs compared with placebo making this a standard of care^{2,3}. Duloxetine is a serotonin noradrenalin reuptake inhibitor (SNRI) and offers the potential of being a 1st line treatment. Both classes of drug have the potential to reduce cancer pain, but there has been no head-to-head comparison for the net effect of oral duloxetine for the management of opioid unresponsive cancer pain, but there has been no head-to-head comparison for the net effect differing side-effect profiles.

AIMS

The primary aim of this study is to evaluate the analgesic efficacy of duloxetine versus pregabalin in patients with opioid refractory neuropathic cancer pain.

METHODS

This study will comprise a randomised controlled parallel-arm of duloxetine versus pregabalin over 14 days in patients with neuropathic cancer pain. The study will explore patient experience of the intervention.

Inclusion criteria:

Outpatients with cancer and opioid refractory neuropathic pain aged 18 years or older with a performance score (KPS) or Australian Karnofsky Performance Scale (AKPS) ≥ 50 and a worst pain score of 4 or greater in the past 24 hours on an 11-point Numerical Rating Scale (NRS) (BPI-SF Item 3) and a worst pain score on the Leeds Assessment of Neuropathic Symptoms and Signs Pain subscale of 12 or greater. The maximum tolerated dose of opioid dose which is defined as titration to the maximum tolerated dose or a maximum of 60mg/day oral morphine equivalent dose for 24 hours.

The primary outcome, which is worst pain intensity (BPI items 3) at Day 14, we expect that 80% of participants per group would detect a mean difference of 1.0 (SD 2.0) (80% power, two-sided significance level of 0.05 for comparison). Considering withdrawal, we plan to recruit 160 participants into the study, from 6 sites in Japan and 6 sites in Australia (n=60).

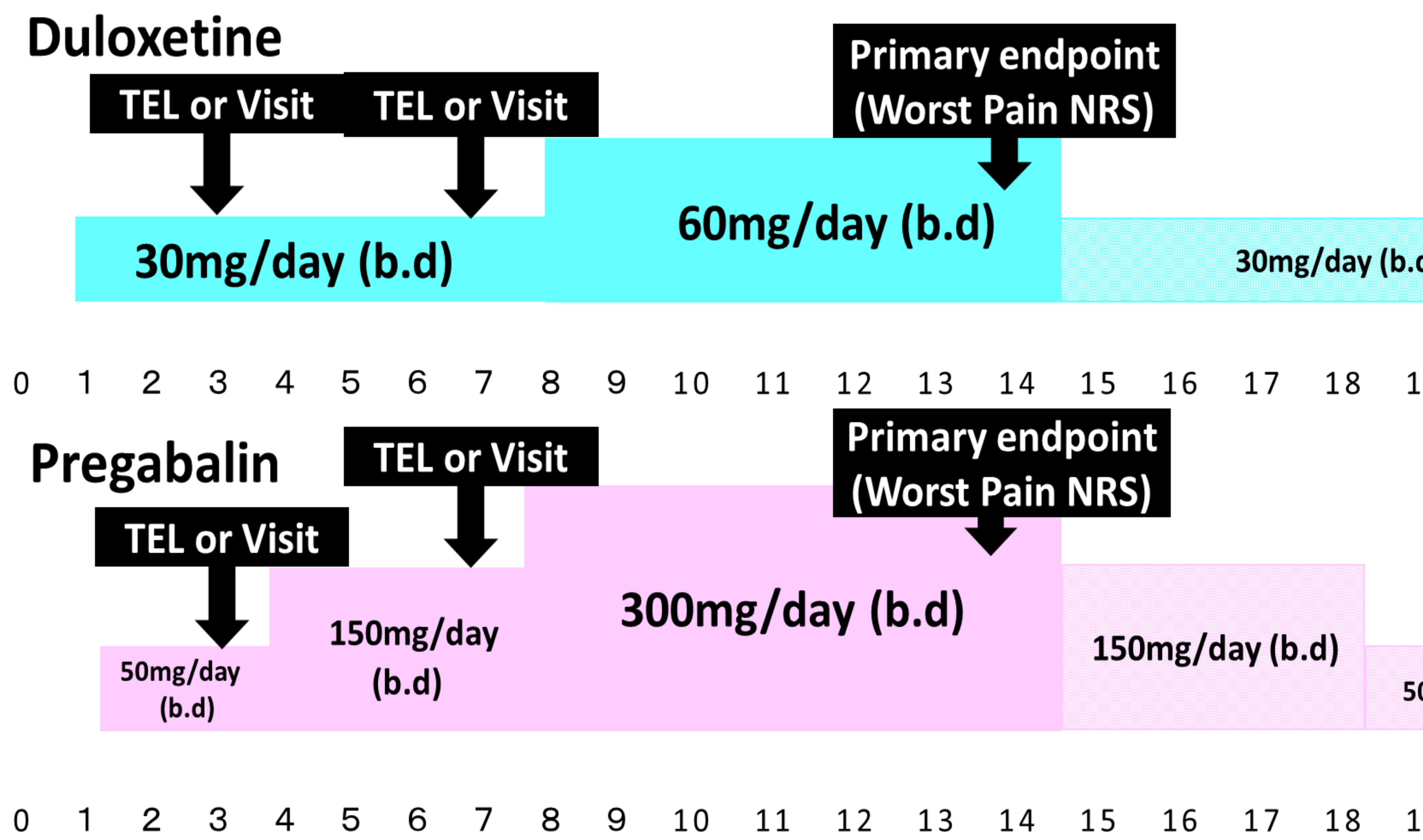
Objective: To evaluate the difference of the net clinical effect (benefits and harms) of duloxetine versus pregabalin for people with a neuropathic cancer pain at day 14. Primary endpoint is the comparison of the worst pain intensity (BPI items 3) at day 14.

Number and research period:

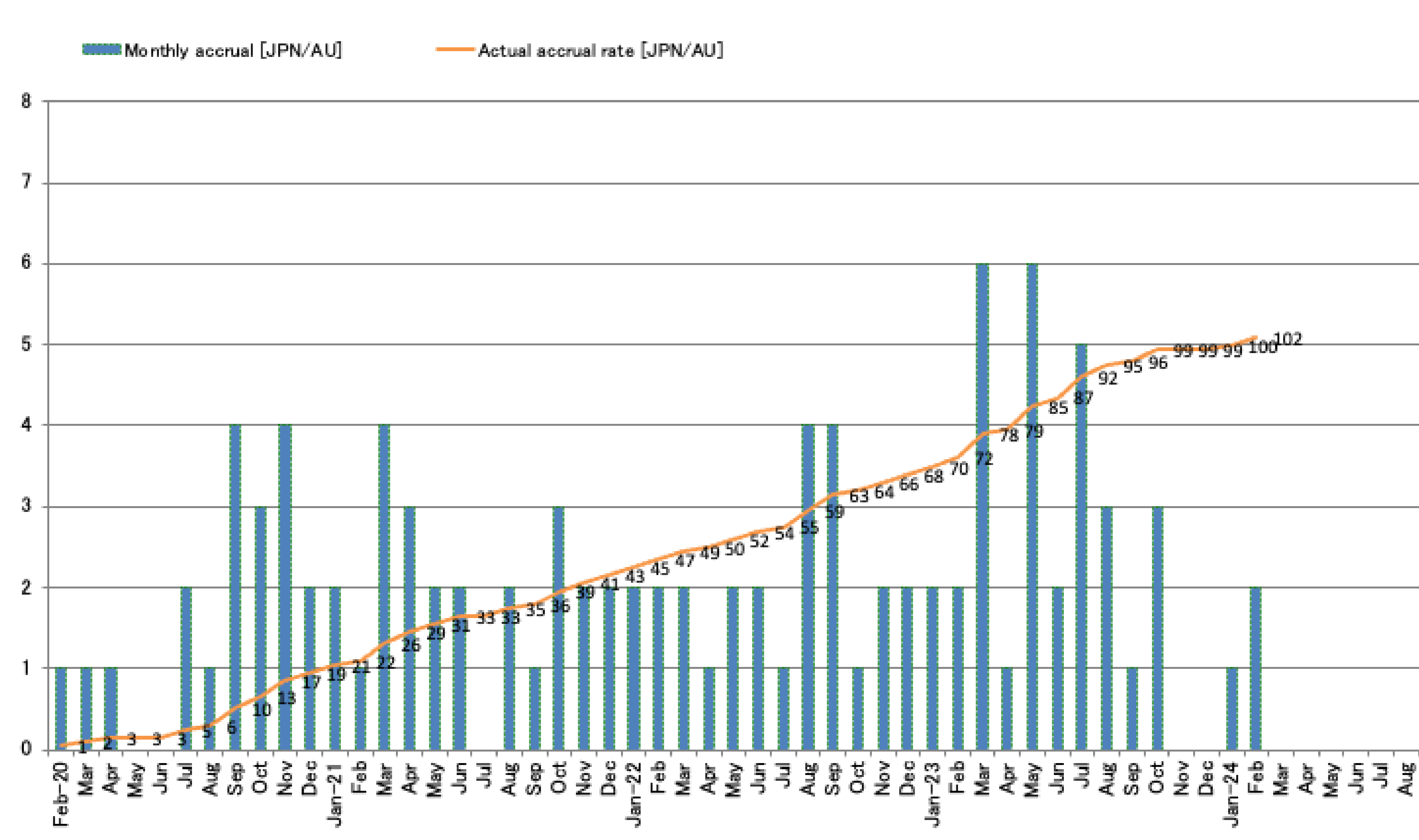
Randomisations: 80 in each group, totaling 160 randomisations. Study period: From February 2020 to December 2024. Duration: 4.5 years

INTERVENTIONS

Dose schedule diagram (A typical incremental pattern)



TRIAL ENROLLMENT STATUS



DISCUSSION

Using this approach may also allow international recommendations to be updated. We considered a crossover design, but a parallel design was finally chosen, given that the crossover design has several limitations⁴. The crossover design is suitable for patients in a stable condition, but this is not suitable for patients with cancer with NP refractory to opioids. We also believe that the treatment might have carryover effects and alter the response to subsequent treatments and that patients may not be in a comparable state at the start of each treatment period in a crossover trial. Issues related to the content of the trial require discussion. There will be three major concerns: (i) the heterogeneity of causes of NP, (ii) the choice of the primary endpoint and (iii) the dose of each drug. Due to the heterogeneous causes of NP, we excluded patients with CIPN, and targeted patients with NCP nonresponsive or intolerant to opioid therapy. The primary endpoint is the difference in worst pain intensity score at day 14 between two groups. Although we acknowledge that the average pain intensity is adopted by many clinical trials about NP⁵, including two trials for cancer with NP, some authors recommend worst pain intensity in the last 24 hours as primary endpoints because it satisfies most key recommendations in the draft guidance by the Food and Drug Administration. The dose titration schedule has been devised to maximize the likelihood of benefit while minimizing the risk of adverse events. The participant will commence duloxetine or pregabalin at 30mg and 50mg respectively, and increase to a maximum of 60mg (Duloxetine) and 300mg (Pregabalin). Dworkin et al. conducted a systematic review of pharmacologic management of NP and made the recommendations for maximum dosing⁹ and the NCCN guideline of adult cancer pain¹⁰; we have defined initiation dose and maximum dose of both drugs.

AUTHOR AFFILIATIONS

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